



# RECOVERING OUR CONNECTION

## *Weekend Workshop for Couples in Recovery*

### 2017 WORKSHOP DATES

<b>FEBRUARY 25/26</b> <b>APRIL 29/30</b> <b>JULY 29/30</b> <b>OCTOBER 28/29</b>	<b>PRESENTERS:</b> Barbara Brown, MS, LPC, CIRT Steve Brown, MS, CIRT, EMT <b>LOCATION:</b> Roswell, Georgia <b>COST:</b> \$799
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*Recovering Our Connection* workshop is based on Imago Relationship Therapy and the NY Times Best Seller "Getting the Love You Want" by Harville Hendrix, Ph.D. and Helen LaKelly Hunt, Ph.D. It is specifically designed for couples affected by any addiction including Adult Children of Alcoholics and parents of an addict.

#### **This workshop is appropriate for:**

- Partners beginning a relationship wanting a loving, healthy and functional relationship without repeating past mistakes
- Couples working a program wanting a healthy, loving relationship using Recovery tools and new skills for a closer connection
- Couples having had family relationships negatively affected by addiction needing skills for moving forwards from past hurts to healing connection
- Couples wanting skills & tools to support safety, connection, trust and respect in your relationship
- You have used some type of addiction to cope with painful feelings from the relationship and want to heal, move forward
- Partners not using 12 Step Programs, are experiencing negative consequence with "using" but want trust and transparency
- People who are not certain there is any active addiction but addictive, dysfunctional behavior pattern may be present
- Adult Children of Alcoholics wanting to stop self-defeating patterns and have happy, healthy relationship connections
- Parents with an addicted son or daughter needing skills for coping, support and connection thru their own partnership

#### **You will learn to:**

- Develop new effective communication skills where each partner will be able to speak, without interruption, and feel heard
- Understand neuroscience behind how each partner contributes to frustrating cycles and how to change
- Develop a better understanding of your partner and yourself as you learn more about each other
- Apply these skills to your children, be more connected to them and teach them functional, loving family behavior
- Create or recreate the spark you may have felt early in your relationship when you felt a attraction to your partner
- Manage your "hot buttons" and defensiveness so you can change conflict into connection
- Build fun, happiness and spontaneity into your relationships so you can experience feeling happy, joyous and free
- Discover a path to emotional healing and spiritual evolution through your relationship
- Focus on the positive things in your relationship as you try to achieve "zero negativity"

Barbara is a Certified Imago Relationship Therapist and Certified Workshop Presenter. For 29 years she has specialized in working with individuals, couples and families affected by addiction. Steve is a Certified Imago Relationship Facilitator. He practiced as a counselor over 25 years working with addiction as Director of EAP Services in the corporate arena. He is currently working as a Paramedic, teaches CPR and co-presenting Imago Workshops. Together they have over 60 years of Recovery in 12 Step Programs. Barbara and Steve have been married 25 years. They have 3 married adult children and 6 grandchildren.

**To learn more about Imago Relationships Therapy visit [imagorelationships.org](http://imagorelationships.org)**  
**Contact info: Barbara Brown : 770-595-8999, [barbara@browntherapy.com](mailto:barbara@browntherapy.com)**  
**Steve Brown: 404-502-3991, [steve@browntherapy.com](mailto:steve@browntherapy.com)**  
**Register online for "Recovering Our Connection" on our website: [browntherapy.com](http://browntherapy.com)**